

WORK-RELATED ASTHMA FROM PLANTS

Environmental allergies to plants and tree pollen are well recognized. Workers in certain industries such as greenhouses, food manufacturing, spice manufacturing, herbal supplement suppliers and florists have developed asthma from working with plants, plant products and/or their seeds. These cases of work-related asthma have been documented by a combination of immunological testing (skin prick tests and/or specific IgE) and specific antigen challenge testing. There are 56 plants and/or plant products with key references for each item listed in Tables I-VI.; Table I. Flours, Table II. Food, Table III. Herbal Supplements, Table IV. Non-Food Products Derived from Plants, Table V. Plants, and Table VI. Spices. Trees, whose wood dust (e.g., ash, oak) and wood products (e.g., latex, turpentine) cause work-related asthma, were covered in the Project SENSOR News in the summer 2017 issue; 28 (3) and can be found at www.oem.msu.

Flour Dust

Exposure to flour dust in bakeries and storage facilities is a well-recognized cause of work-related asthma. The six types of flour are listed in Table 1. The actual etiologic agent in bakeries and storage facilities is not always the flour because workers may become allergic to additives to the flour such as alpha amylase derived from a fungus or insect contaminants such as storage mites in the flour.

Barley	Buckwheat	Lupine
Rye	Soya	Wheat

Baker's asthma - Brant A. Baker's asthma. *Curr Opin Allergy Clin Immunol* 2007;7:152-155.

Buckwheat - Park HS, Naim DH. Buckwheat flour hypersensitivity: Occupational asthma in a noodle maker. *Clin. Exp. Allergy* 1996;26:423-427.

Barley and Soya - Quirce S, Diaz-Perales A. Diagnosis and management of grain-induced asthma. *Allergy Asthma Immunol Res* 2013;5:348-356.

Lupine - Campbell CP, Jackson AS, Johnson AR, Thomas PS, Yates DH. Occupational sensitization to lupin in the workplace: occupational asthma, rhinitis, and work-aggravated asthma. *J Allergy Clin Immunol* 2007;119:1133-1139.

Rye - Letrán A, Palacin A, Barranco P, et al. Rye flour allergens: an emerging role in baker's asthma. *Am J Ind Med* 2008;51:324-328.

Wheat - Salcedo G, Quirce S, Diaz-Perales A. Wheat allergens associated with Baker's asthma. *J Investig Allergol Clin Immunol* 2011;21:81-92.

Food Derived from Plants

Exposure to these foods have been reported from facilities that process or package these foods (e.g., tea) but also in restaurants. The exposures in restaurants have not only been related to dusts from unpacking and handling but also from fumes produced during the cooking (e.g., broccoli/cauliflower).

Almond shells	Broccoli/Cauliflower	Carob bean (Locust bean gum)
Chamomile	Chicory	Coffee beans
Garlic	Grass pea (Lathyrus sativus)	Pectin
Rape seed	Rose hips Sesame	Sesame Tea
Tea	Vetch	

Almond shells - Foti C, Nettis E, Cassano N, et al. Non-allergic occupational asthma because of almond shell dust. *Allergy* 2008; 63:1087-1094.

Broccoli/Cauliflower - Quirce S, Madero MF, Fernández-Nieto M, Jiménez A, Sastre J. Occupational asthma due to the inhalation of cauliflower and cabbage vapors. *Allergy* 2005;60:969-770.

Carob bean (Locust bean gum) - Hawley B, Cummings KJ, Mohammed M, Dimmock AE, Bascom R. Allergic sinusitis and severe asthma caused by occupational exposure to locust bean gum: Case report. *Am J Ind Med* 2017;60:658-663.

Chamomile - Vandeplas O, Pirson F, D'Alpaos V, et al. Occupational asthma caused by chamomile. *Allergy* 2008; 63:1090-1092.

Chicory - Pirson F, Detry B, Pilette C. Occupational rhinoconjunctivitis and asthma caused by chicory and oral allergy syndrome associated with Bet v 1-related protein. *J Investig Allergol Clin Immunol* 2009; 19:306-310.

Coffee beans - Osterman K, Johansson SGO, Zetterström O. Diagnostic tests in allergy to green coffee. *Allergy* 1985;40:336-343.

Garlic - Seuri M, Taivainen A, Ruoppi P, Tukiainen H. Three cases of occupational asthma and rhinitis caused by garlic. *Clin Exp Allergy* 1993;23:1011-1014.

Grass pea - Porcel S, León F, Valero AM, Calderín PM, Cuevas M, Cuesta EA. Occupational rhinitis and asthma by *Lathyrus sativus* flour: characterization of allergens. *J Allergy Clin Immunol* 2001;107:743-744.

Pectin - Jaakkola MS, Tammivaara R, Tuppurainen M, Lahdenne L, Tupasela O, Keskinen H. Asthma caused by occupational exposure to pectin. *J Allergy Clin Immunol* 1997; 100: 575-576.

Rapeseed - Suh CH, Park HS, Nahm DH, Kim HY. Oilseed rape allergy presented as occupational asthma in the grain industry. *Clin Exp Allergy* 1998; 28:1159-1163.

Rose hips - Kwaselow A, Rowe M, Sears-Ewald D, Ownby D. Rose hips: a new occupational allergen. *J Allergy Clin Immunol* 1990;85:704-708.

Sesame - Alday E, Curiel G, Lopez-Gil MJ, Carreño D, Moneo I. Occupational hypersensitivity to sesame seeds. *Allergy* 1996;51:69-70.

Tea, including green, oolong, and black - Cartier A, Malo JL. Occupational asthma due to tea dust. *Thorax* 1990; 45:203-206.

Vetch - Picón SJ, Blanco Carmona JG, Garcés Sotillos MD. Occupational asthma caused by vetch (*Vicia sativa*). *J Allergy Clin Immunol* 1991;88:135-136.

Herbal Supplements from Plants

Exposure to dust in facilities or laboratories processing or formulating herbal supplements or retail stores/pharmacies selling herbal supplements has been identified to cause work-related asthma. A number of these studies are from Asia presumably reflecting their more common use of these particular supplements in Asian countries.

Banha	Brazilian Ginseng	Chlorella algae
Dangguri	Korean ginseng	Sanyak

Banha - Park HS, Kim MJ, Moon HB. Occupational asthma caused by two herb materials, *Dioscorea batatas* and *Pinellia ternata*. *Clin Exp Allergy* 1994;24:575-581.

Brazilian ginseng - Subiza J, Subiza JL, Escribano PM, Hinojosa M, Garcia R, Jerez M, Subiza E. Occupational asthma caused by Brazil ginseng dust. *J Allergy Clin Immunol* 1991; 88:731-736.

Chlorella algae - Ng TP, Tan WC, Lee YK. Occupational asthma in a pharmacist induced by *Chlorella*, a unicellular algae preparation. *Respir Med* 1994;88:555-557.

Dangguri - Lee SK, Cho HK, Cho SH, Kim SS, Nahm DH, Park HS. Occupational asthma and rhinitis caused by multiple herbal agents in a pharmacist. *Ann Allergy Asthma Immunol* 2001;86:469-474.

Korean ginseng - Kim KM, Kwon HS, Jeon SG, Park CH, Sohn SW, Kim DI, Kim SS, Chang YS, Kim YK, Cho SH, Min KU, Kim YY. Korean ginseng-induced occupational asthma and determination of IgE binding components. *J Korean Med Sci* 2008;23:232-235.

Sanyak - Lee JY, Lee YD, Bahn JW, Park HS. A case of occupational asthma and rhinitis caused by Sanyak and Korean ginseng dusts. *Allergy* 2006;61:392-393.

Non-Food Products Derived from Plants

Substances in this group have been characterized as non-food products although some are also used as additives in food products (e.g., guar gum, soybean lecithin). Exposure to non-food products causing work-related asthma has occurred across a wide array of industries reflecting the wide-spread use of these products. This includes hair salons (e. g., eugenol, henna), condom manufacturer (e.g., Lycopodium (Ground pines or creeping cedars)), Laboratories (e.g., bromelain), and pharmacies/pharmaceutical manufacturers (e.g., psyllium, senna).

Bromelain	Castor beans (Castor Oil)	Eugenol
Guar gum	Henna	Linseed oil cakes
Lycopodium Ground pines or creeping cedars	Marijuana and hemp (<i>Cannabis sativa</i>)	Psyllium
Senna	Soybean lecithin	

Bromelain - Baur X, Fruhmant G. Allergic reactions, including asthma, to the pineapple protease bromelain following occupational exposure. *Clin Allergy* 1979;9:443-450.

Castor beans (Castor Oil) - Merget R, Heger M, Wahl R, Cromwell O, Rasche K, Schultze-Werninghaus G. Seasonal occupational asthma in an agricultural products merchant--a case report. *Allergy* 1994;49:897-901.

Eugenol - Quirce S, Fernández-Nieto M, et al. Occupational asthma and rhinitis caused by eugenol in a hairdresser. *Allergy* 2008; 63:137-141.

Guar gum - Malo JL, Cartier A, L'Archevêque J, Ghezzi H, Soucy F, Somers J, Dolovich J. Prevalence of occupational asthma and immunologic sensitization to guar gum among employees at a carpet-manufacturing plant. *J Allergy Clin Immunol* 1990;86:562-569

Henna - Starr JC, Yunginger J, Brahser GW. Immediate type I asthmatic response to henna following occupational exposure in hairdressers. *Ann Allergy* 1982;48:98-99.

Linseed oil cakes - Vandenplas O, D'Alpaos V, César M, et al. Occupational asthma caused by linseed oilcake. *Allergy* 2008; 63:1250-1251.
 Lycopodium (Ground pines or creeping cedars) - Cullinan P, Cannon J, Sheril D, Newman Taylor A. Asthma following occupational exposure to *Lycopodium clavatum* in condom manufacturers. *Thorax* 1993;48:774-775.
 Marijuana and hemp (*Cannabis sativa*) - Vidal C, Fuente R, et al. Bronchial asthma due to *Cannabis sativa* seed. *Allergy* 1991;46:647-649.
 Psyllium – Cloutier Y, Lagier F, Cartier A, Malo JL. Validation of an exposure system to particles for the diagnosis of occupational asthma. *Chest* 1992;102:402-407.
 Senna - Helin T, Mäkinen-Kiljunen S. Occupational asthma and rhinoconjunctivitis caused by senna. *Allergy* 1996; 51:181-184.
 Soybean lecithin - Lavaud F, Perdu D, Prévost A, et al. Baker's asthma related to soybean lecithin exposure. *Allergy* 1994;49:159-162.

Plants

Exposure to plants causing work-related asthma has occurred in workers handling dried or live plants in agricultural workers (e.g., hops), florists (e.g., baby's breath or German statice), landscapers tending outdoor plants (e.g., copper leaf) or workers tending indoor plants in offices (e.g., Weeping figs) and a laboratory (e.g., Thale cress). On immunological testing the affected workers are reacting to extracts made from the leaf, seed and/or pollen.

Amaryllis	Baby's breath	Cacoon seed
Copper leaf	Freesia	German statice
Hops	Sunflower	Sweet pea
Thale cress	Tulip	Weeping Fig

Amaryllis - Jansen AP, Visser FJ, Nierop G, de Jong NW, Waanders-de Lijster de Raadt J, Vermeulen A, van Toorenenbergen AW. Occupational asthma to amaryllis. *Allergy* 1996;51:847-849.
 Baby's breath - Schroeckenstein DC, Meier-Davis S, Yunginger JW, Bush RK. Allergens involved in occupational asthma caused by baby's breath (*Gypsophila paniculata*). *J Allergy Clin Immunol* 1990;86:189-193.
 Cacoon seed- Rubin JM, Duke MB. Unusual cause of bronchial asthma. Cacoon seed used for decorative purposes. *NY State J Med* 1974;74:538-539.
 Copper leaf - Pérez E, Blanco C, Bartolomé B, Ortega N, Castillo R, Dumpiérrez AG, Almeida L, Carrillo T. Occupational rhinoconjunctivitis and bronchial asthma due to *Acalypha wilkesiana* allergy. *Ann Allergy Asthma Immunol* 2006;96:719-722.
 Freesia - Piirilä P, Keskinen H, Leino T, Tupasela O, Tuppurainen M. Occupational asthma caused by decorative flowers: review and case reports. *Int Arch Occup Environ Health* 1994;66:131-136.
 German statice - Quirce S, García-Figueroa B, Olaguibel JM, Muro MD, Tabar AI. Occupational asthma and contact urticaria from dried flowers of *Limonium tataricum*. *Allergy* 1993;48:285-290.
 Hops – Reeb-Whitaker CK, Bonauto DK. Respiratory disease associated with occupational inhalation to hop (*Humulus lupulus*) during harvest and processing. *Ann Allergy Asthma Immunol* 2014;113:534-538.
 Sunflower - Vandenplas O, Vander Borgh T, Delwiche JP. Occupational asthma caused by sunflower-seed dust. *Allergy* 1998;53:907-908.
 Sweet pea - Jansen A, Vermeulen A, van Toorenenbergen AW, Dieges PH. Occupational asthma in horticulture caused by *Lathyrus odoratus*. *Allergy Proc* 1995;16:135-139.
 Thale cress (*Arabidopsis thaliana*) - Yates B, De Soyza A, Harkawat R, Stenton C. Occupational asthma caused by *Arabidopsis thaliana*: a case of laboratory plant allergy. *Eur Respir J* 2008;32:1111-1112.
 Tulip - Piirilä P, Kanerva L, Alanko K, Estlander T, Keskinen H, Pajari-Backas M, Tuppurainen M. Occupational IgE-mediated asthma, rhinoconjunctivitis, and contact urticaria caused by Easter lily (*Lilium longiflorum*) and tulip. *Allergy* 1999; 54: 273-277.
 Weeping fig - Axelsson G, Skedinger M, Zetterström O. Allergy to weeping fig--a new occupational disease. *Allergy* 1985;40:461-464.

Spices from Plants

Exposure to spice dust in facilities producing or packaging spices causing work-related asthma has been identified in multiple papers. Specific antigen challenge testing was performed to identify the specific spices causing asthma since these facilities typically handled multiple different spices.

Aniseed	Bay leaf	Coriander
Mace (nutmeg shell)	Paprika	Rosemary
Thyme		

Aniseed - Fraj J, Lezaun A, Colás C, Duce F, Domínguez MA, Alonso MD. Occupational asthma induced by aniseed. *Allergy* 1996;51:337-339.
 Bay leaf, Rosemary and Thyme- Lemièrre C, Cartier A, Lehrer SB, Malo J. Occupational asthma caused by aromatic herbs. *Allergy* 1996;51:647-649.
 Coriander, Mace, and Paprika - Sastre J, Olmo M, Novalvos A, et al. Occupational asthma due to different spices. *Allergy* 1996;51:117-120.

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*PS Remember to report all cases of occupational disease!

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